

# Holyoke Community Charter School

## K-12 Breakfast Menu

### October 2023



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>	
Cereal (Variety)	1 each	WG Honey Bun	1 each	Granola	1 each	WG Cinnamon Roll	1 each	WG Banana Muffin	1 each
Graham Crackers	1 pkt	Diced Peaches	1 each	Vanilla Yogurt	1 each	Mixed Fruit	1 each	Mozzarella Cheese Stick	1 each
Raisins	1 box	Apple Juice	4 oz	Fresh Banana	1 each	Apple Juice	4 oz	Fresh Apple	1 each
Grape Juice	4 oz	Choice of Milk	1 each	Orange Juice	4 oz	Choice of Milk	1 each	Choice of Milk	1 each
Choice of Milk	1 each			Choice of Milk	1 each				
<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>	
		Apple Frudel	1 each	Cereal (Variety)	1 each	Strawberry Yogurt	1 each	WG Honey Bun	1 each
		Diced Pears	1 each	WG Chocolate Chip Muffin	1 each	Granola	1 each	Pineapple Tidbits	1 each
		Orange Juice	4 oz	Fresh Apple	1 each	Fresh Banana	1 each	Blended Fruit Juice	4 oz
		Choice of Milk	1 each	Choice of Milk	1 each	Apple Juice	4 oz	Choice of Milk	1 each
						Choice of Milk	1 each		
<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>	
Granola	1 each	Strawberry Yogurt	1 each	Cereal (Variety)	1 each	WG Cinnamon Roll	1 each	WG Blueberry Muffin	1 each
Vanilla Yogurt	1 each	WG Banana Muffin	1 each	Graham Crackers	1 pkt	Fresh Banana	1 each	Mozzarella Cheese Stick	1 each
Raisins	1 box	Pineapple Tidbits	1 each	Fresh Apple	1 each	Blended Fruit Juice	4 oz	Diced Pears	1 each
Orange Juice	4 oz	Grape Juice	4 oz	Choice of Milk	1 each	Choice of Milk	1 each	Grape Juice	4 oz
Choice of Milk	1 each	Choice of Milk	1 each					Choice of Milk	1 each
<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>	
Cereal (Variety)	1 each	Apple Frudel	1 each	Granola	1 each	Mozzarella Cheese Stick	1 each	Cereal (Variety)	1 each
WG Banana Muffin	1 each	Fresh Apple	1 each	Strawberry Yogurt	1 each	Graham Crackers	1 pkt	WG Apple Cinnamon Muffin	1 each
Raisins	1 box	Choice of Milk	1 each	Mixed Fruit	1 each	Diced Peaches	1 each	Diced Pears	1 each
Grape Juice	4 oz			Blended Fruit Juice	4 oz	Grape Juice	4 oz	Orange Juice	4 oz
Choice of Milk	1 each			Choice of Milk	1 each	Choice of Milk	1 each	Choice of Milk	1 each
<b>30</b>		<b>31</b>							
WG Honey Bun	1 each								
Raisins	1 box								
Apple Juice	4 oz								
Choice of Milk	1 each								



# Holyoke Community Charter School

## K-8 Lunch Menu

### October 2023

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>	
Galaxy Cheese Pizza	1 each	Domino's Pepperoni Pizza	1 slice	WG Chicken Nuggets	5 each	Baked Meatballs	8 each	Tuna Salad	1/2 cup
Wango Mango Juice	4 oz	Black Bean Salad	1/2 cup	Sliced Carrots	3/4 cup	Marinara Sauce	1/2 cup	Corn Salad	1/2 cup
Green Peas	1/2 cup	Potato Salad	1/4 cup	Green Beans	1/4 cup	WG Penne Pasta	1/2 cup	Cucumber Salad	1/4 cup
Fresh Apple	1 each	Fresh Orange	1 each	Diced Pears	1 each	Broccoli Cuts	1/2 cup	WG Hamburger Bun	1 each
Choice of Milk	1 each	Choice of Milk	1 each	Choice of Milk	1 each	Fresh Banana	1 each	Diced Peaches	1 each
				Ketchup	1 each	Choice of Milk	1 each	Choice of Milk	1 each
<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>	
		Domino's Pepperoni Pizza	1 slice	Diced Turkey	6 oz	Popcorn Chicken	12 each	Turkey Hot Dog	1 each
		Honey Ginger Carrots	1/2 cup	Poultry Gravy	2 oz	Orange Sauce	1 oz	Baked Beans	1/2 cup
		Green Pea Salad	1/4 cup	Whipped Potatoes	1/2 cup	Brown Rice	1/2 cup	WG Hot Dog Bun	1 each
		Diced Peaches	1 each	Sliced Carrots	1/4 cup	Green Peas	1/2 cup	Fresh Banana	1 each
		Choice of Milk	1 each	Cornbread Loaf	1 each	Wango Mango Juice	4 oz	Dragon Punch	4 oz
				Fresh Orange	1 each	Fresh Apple	1 each	Choice of Milk	1 each
				Choice of Milk	1 each	Choice of Milk	1 each	Ketchup	1 each
<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>	
Galaxy Cheese Pizza	1 each	Domino's Pepperoni Pizza	1 slice	Baked Meatballs	8 each	Diced Chicken	3 oz	Cheese Omelet	1 each
Green Beans	1/2 cup	Honey Ginger Carrots	1/2 cup	Teriyaki Sauce	2 oz	Alfredo Sauce	2 oz	Butternut Squash	1/2 cup
Fresh Apple	1 each	Black Bean Salad	1/2 cup	Brown Rice	1/2 cup	WG Penne Pasta	1/2 cup	Dragon Punch	4 oz
Wango Mango Juice	4 oz	Fresh Orange	1 each	Green Peas	1/2 cup	Broccoli Cuts	1/2 cup	WG Cinnamon Roll	1 each
Choice of Milk	1 each	Choice of Milk	1 each	Sliced Carrots	1/2 cup	Mixed Vegetables	1/2 cup	Fresh Banana	1 each
				WG Dinner Roll	1 each	Diced Pears	1 each	Choice of Milk	1 each
				Pineapple Tidbits	1 each	Choice of Milk	1 each		
				Choice of Milk	1 each				
<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>	
Stuffed Shells w/Sauce	1 each	Domino's Pepperoni Pizza	1 slice	WG Breaded Chicken Patty	1 each	Baked Meatballs	8 each	Turkey Hot Dog	1 each
Green Beans	1/2 cup	Fresh Baby Carrots	1 bag	Crispy Cubed Potatoes	1/2 cup	BBQ Sauce	1 oz	Baked Beans	1/2 cup
Diced Pears	1 each	Broccoli Salad	1/2 cup	Broccoli Cuts	1/2 cup	Green Peas	1/2 cup	Wango Mango Juice	4 oz
Choice of Milk	1 each	Diced Peaches	1 each	WG Hamburger Bun	1 each	Whole Kernel Corn	1/2 cup	WG Hot Dog Bun	1 each
		Choice of Milk	1 each	Fresh Orange	1 each	WG Dinner Roll	1 each	Fresh Apple	1 each
				Choice of Milk	1 each	Fresh Banana	1 each	Choice of Milk	1 each
				Ketchup	1 each	Choice of Milk	1 each	Ketchup	1 each
<b>30</b>		<b>31</b>							
Cheese Pizza Dippers	2 each								
Marinara Sauce	1/2 cup								
Broccoli Cuts	1/2 cup								
WG Campfire Smores Bar	1 each								
Mixed Fruit	1 each								
Choice of Milk	1 each								