

HOLYOKE COMMUNITY CHARTER SCHOOL L2 - Lunch K-8

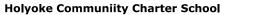
Monday	Tuesday	Wednesday	Thursday	Friday		
May 2, 2022	May 3, 2022	May 4, 2022	May 5, 2022	May 6, 2022		
TURKEY HOT DOG Baked Beans WG Hot Dog Bun Wango Mango Juice Applesauce Mustard Ketchup Choice of Milk	POPCORN CHICKEN ^A French Fries Mixed Vegetables WG Dinner Roll ^A Diced Pears BBQ Sauce Ketchup Choice of Milk	KOREAN BBQ MEATBALLS WITH BROWN RICE^ Carrots Broccoli Pineapple Cup Choice of Milk	BEEF TACO W/BROWN RICE Corn & Carrots Black Beans Diced Peaches Salsa Choice of Milk	CHEESE PIZZA ^ Carrots Green Beans Mixed Fruit Cup Choice of Milk		
May 9, 2022	May 10, 2022	May 11, 2022	May 12, 2022	May 13, 2022		
CUBAN CHICKEN WITH YELLOW RICE Black Beans Plantains Diced Peaches Choice of Milk	BBQ PULLED CHICKEN Macaroni & Cheese Garlic Collard Greens Wango Mango Juice Fresh Apple Choice of Milk	CHICKEN PATTY^ French Fries Mixed Vegetables WG Hamburger Bun Mixed Fruit Cup BBQ Sauce Ketchup Choice of Milk	PENNE PASTA^ W/MEATSAUCE Green Beans Fresh Banana Choice of Milk	CHEESE LASAGNA Diced Carrots Green Beans WG Dinner Roll ^A (2) Applesauce Choice of Milk		
May 16, 2022	May 17, 2022	May 18, 2022	May 19, 2022	May 20, 2022		
BEEF MAC & CHEESE^ Green Peas Carrots Applesauce Choice of Milk	TURKEY & CHEESE SANDWICH^ Broccoli Salad Chickpea Salad Fresh Apple Mustard Choice of Milk	DELI SUB SANDWICH ^ Cucumber Coins Wango Mango Juice Fresh Banana Ranch Dressing Mustard Choice of Milk	MINI CORN DOGS^ Mixed Vegetables Green Beans Diced Pears Mustard Ketchup Choice of Milk	TIKKA MASALA CHICKEN W/BROWN RICE Carrots Potatoes Pineapple Cup Choice of Milk		
May 23, 2022	May 24, 2022	May 25, 2022	May 26, 2022	May 27, 2022		
PIZZA DIPPERS ^ Marinara Sauce Mixed Vegetables Applesauce Choice of Milk	BEEF TACO W/BROWN RICE Corn & Carrots Black Beans Tortilla Chips ^ Mixed Fruit Cup Salsa Choice of Milk	SWEET & SOUR POPCORN CHICKEN^ W/BROWN RICE Carrots Green Beans Fresh Banana Choice of Milk	PENNE PASTA^ & MEATBALLS W/MARINARA PARMESAN SAUCE Broccoli Diced Peaches Choice of Milk	MEATLOAF W/BROWN GRAVY Whipped Potatoes Wango Mango Juice WG Dinner Roll^ Fresh Apple Choice of Milk		
May 30, 2022	May 31, 2022	June 1, 2022	June 2, 2022	June 3, 2022		
MEMORIAL DAY	POPCORN CHICKEN ^A French Fries Mixed Vegetables WG Dinner Roll ^A Diced Pears BBQ Sauce Ketchup Choice of Milk					
ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **						
^ Denotes item is whole-grain/whole wheat *** This institution is an equal opportunity provider.						
Find your school's menus online at: preferredmealsmenu.com						

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Preferred Meal Systems

May 2022

ITEM - Accessories





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CINNAMON TOAST CRUNCH^ TR64700 Strawberry Breakfast Bar Diced Pears Orange Juice	RAISIN BRAN A TR64701 Banana Muffin A Pineapple Tidbits Apple Juice	APPLE CINNAMON TR64702 CHEERIOS ^ Graham Crackers ^ Diced Peaches Orange Juice	FROSTED CORN FLAKES A TR64703 Apple Cinnamon Breakfast Bar A Mixed Fruit Apple Juice	TRIX CEREAL ^ TR64704 Graham Crackers ^ Diced Pears Orange Juice
9	10	11	12	13
FRUITY CHEERIOS A TR64705 Strawberry Breakfast Bar A Pineapple Tidbits Apple Juice	CHEERIOS A TR64706 Graham Crackers A Diced Pears Orange Juice	TRIX CEREAL ^ TR64707 Apple Cinnamon Breakfast Bar ^ Diced Peaches Apple Juice	RAISIN BRAN A TR64708 Blueberry Muffin A Mixed Fruit Orange Juice	CINNAMON TOAST CRUNCH A TR64709 Graham Crackers A Pineapple Tidbits Apple Juice
16	17	18	19	20
CINNAMON TOAST CRUNCH [^] TR64700 Strawberry Breakfast Bar Diced Pears Orange Juice	RAISIN BRAN A TR64701 Banana Muffin A Pineapple Tidbits Apple Juice	APPLE CINNAMON TR64702 CHEERIOS ^ Graham Crackers ^ Diced Peaches Orange Juice	FROSTED CORN FLAKES A TR64703 Apple Cinnamon Breakfast Bar A Mixed Fruit Apple Juice	TRIX CEREAL A TR64704 Graham Crackers A Diced Pears Orange Juice
23	24	25	26	27
FRUITY CHEERIOS A TR64705 Strawberry Breakfast Bar A Pineapple Tidbits Apple Juice	CHEERIOS ^ TR64706 Graham Crackers ^ Diced Pears Orange Juice	TRIX CEREAL ^ TR64707 Apple Cinnamon Breakfast Bar ^ Diced Peaches Apple Juice	RAISIN BRAN A TR64708 Blueberry Muffin A Mixed Fruit Orange Juice	CINNAMON TOAST CRUNCH A TR64709 Graham Crackers A Pineapple Tidbits Apple Juice
30	31	1	2	3
	RAISIN BRAN A TR64701 Banana Muffin A Pineapple Tidbits Apple Juice			