

HOLYOKE COMMUNITY CHARTER SCHOOL L2 - Lunch K-8

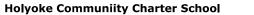
| Monday | Tuesday | Wednesday | Thursday | Friday | | |
|--|--|---|---|---|--|--|
| May 2, 2022 | May 3, 2022 | May 4, 2022 | May 5, 2022 | May 6, 2022 | | |
| TURKEY HOT DOG Baked Beans WG Hot Dog Bun Wango Mango Juice Applesauce Mustard Ketchup Choice of Milk | POPCORN CHICKEN ^A French Fries Mixed Vegetables WG Dinner Roll ^A Diced Pears BBQ Sauce Ketchup Choice of Milk | KOREAN BBQ MEATBALLS WITH BROWN RICE^ Carrots Broccoli Pineapple Cup Choice of Milk | BEEF TACO W/BROWN RICE Corn & Carrots Black Beans Diced Peaches Salsa Choice of Milk | CHEESE PIZZA ^ Carrots Green Beans Mixed Fruit Cup Choice of Milk | | |
| May 9, 2022 | May 10, 2022 | May 11, 2022 | May 12, 2022 | May 13, 2022 | | |
| CUBAN CHICKEN WITH YELLOW RICE Black Beans Plantains Diced Peaches Choice of Milk | BBQ PULLED CHICKEN Macaroni & Cheese Garlic Collard Greens Wango Mango Juice Fresh Apple Choice of Milk | CHICKEN PATTY^ French Fries Mixed Vegetables WG Hamburger Bun Mixed Fruit Cup BBQ Sauce Ketchup Choice of Milk | PENNE PASTA^ W/MEATSAUCE Green Beans Fresh Banana Choice of Milk | CHEESE LASAGNA Diced Carrots Green Beans WG Dinner Roll ^A (2) Applesauce Choice of Milk | | |
| May 16, 2022 | May 17, 2022 | May 18, 2022 | May 19, 2022 | May 20, 2022 | | |
| BEEF MAC & CHEESE^ Green Peas Carrots Applesauce Choice of Milk | TURKEY & CHEESE SANDWICH^ Broccoli Salad Chickpea Salad Fresh Apple Mustard Choice of Milk | DELI SUB SANDWICH ^ Cucumber Coins Wango Mango Juice Fresh Banana Ranch Dressing Mustard Choice of Milk | MINI CORN DOGS^ Mixed Vegetables Green Beans Diced Pears Mustard Ketchup Choice of Milk | TIKKA MASALA CHICKEN W/BROWN RICE Carrots Potatoes Pineapple Cup Choice of Milk | | |
| May 23, 2022 | May 24, 2022 | May 25, 2022 | May 26, 2022 | May 27, 2022 | | |
| PIZZA DIPPERS ^ Marinara Sauce Mixed Vegetables Applesauce Choice of Milk | BEEF TACO W/BROWN RICE Corn & Carrots Black Beans Tortilla Chips ^ Mixed Fruit Cup Salsa Choice of Milk | SWEET & SOUR POPCORN CHICKEN^ W/BROWN RICE Carrots Green Beans Fresh Banana Choice of Milk | PENNE PASTA^ & MEATBALLS W/MARINARA PARMESAN SAUCE Broccoli Diced Peaches Choice of Milk | MEATLOAF W/BROWN GRAVY Whipped Potatoes Wango Mango Juice WG Dinner Roll^ Fresh Apple Choice of Milk | | |
| May 30, 2022 | May 31, 2022 | June 1, 2022 | June 2, 2022 | June 3, 2022 | | |
| MEMORIAL DAY | POPCORN CHICKEN ^A French Fries Mixed Vegetables WG Dinner Roll ^A Diced Pears BBQ Sauce Ketchup Choice of Milk | | | | | |
| ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE ** | | | | | | |
| ^ Denotes item is whole-grain/whole wheat *** This institution is an equal opportunity provider. | | | | | | |
| Find your school's menus online at: preferredmealsmenu.com | | | | | | |

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Preferred Meal Systems

May 2022

ITEM - Accessories





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|--|--|--|--|--|
| CINNAMON TOAST CRUNCH^ TR64700 Strawberry Breakfast Bar Diced Pears Orange Juice | RAISIN BRAN A TR64701 Banana Muffin A Pineapple Tidbits Apple Juice | APPLE CINNAMON TR64702 CHEERIOS ^ Graham Crackers ^ Diced Peaches Orange Juice | FROSTED CORN FLAKES A TR64703 Apple Cinnamon Breakfast Bar A Mixed Fruit Apple Juice | TRIX CEREAL ^ TR64704 Graham Crackers ^ Diced Pears Orange Juice |
| 9 | 10 | 11 | 12 | 13 |
| FRUITY CHEERIOS A TR64705 Strawberry Breakfast Bar A Pineapple Tidbits Apple Juice | CHEERIOS A TR64706 Graham Crackers A Diced Pears Orange Juice | TRIX CEREAL ^ TR64707 Apple Cinnamon Breakfast Bar ^ Diced Peaches Apple Juice | RAISIN BRAN A TR64708 Blueberry Muffin A Mixed Fruit Orange Juice | CINNAMON TOAST CRUNCH A TR64709 Graham Crackers A Pineapple Tidbits Apple Juice |
| 16 | 17 | 18 | 19 | 20 |
| CINNAMON TOAST CRUNCH [^] TR64700 Strawberry Breakfast Bar Diced Pears Orange Juice | RAISIN BRAN A TR64701 Banana Muffin A Pineapple Tidbits Apple Juice | APPLE CINNAMON TR64702 CHEERIOS ^ Graham Crackers ^ Diced Peaches Orange Juice | FROSTED CORN FLAKES A TR64703 Apple Cinnamon Breakfast Bar A Mixed Fruit Apple Juice | TRIX CEREAL A TR64704 Graham Crackers A Diced Pears Orange Juice |
| 23 | 24 | 25 | 26 | 27 |
| FRUITY CHEERIOS A TR64705 Strawberry Breakfast Bar A Pineapple Tidbits Apple Juice | CHEERIOS ^ TR64706 Graham Crackers ^ Diced Pears Orange Juice | TRIX CEREAL ^ TR64707 Apple Cinnamon Breakfast Bar ^ Diced Peaches Apple Juice | RAISIN BRAN A TR64708 Blueberry Muffin A Mixed Fruit Orange Juice | CINNAMON TOAST CRUNCH A TR64709 Graham Crackers A Pineapple Tidbits Apple Juice |
| 30 | 31 | 1 | 2 | 3 |
| | RAISIN BRAN A TR64701 Banana Muffin A Pineapple Tidbits Apple Juice | | | |